

SERVICE OPENING HOURS CHRISTMAS & NEW YEAR

RECEPTION

Ouyen and Sea Lake: Closed 5pm Friday 20th December. Re-opens 8.30am Thursday 2nd January.

MEDICAL CLINICS

Ouyen: Closed 5pm Friday 20th December to 8.30am Monday 30th December.
Sea Lake: Closed 5pm Friday 20th December to 9am Monday 6th January

GPs

Rosters for December and January coverage at Ouyen and Sea Lake published on the MTHCS Facebook page.

URGENT CARE

Open 24 hours a day, 7 days a week at Sea Lake and Ouyen.

DENTAL

Ouyen: Closed 4.30pm Wednesday 18th December to Monday 6th January.

DISTRICT NURSING

Murrayville and Underbool: Seeing clients as needed except on public holidays.
Ouyen: Seeing clients each week day, except on public holidays.
Sea Lake: Seeing clients on regular service days, except on public holidays.



ALLIED HEALTH SERVICES

CARER SUPPORT GROUPS

No groups in January.

CENTRELINK

Access point at Ouyen closed 5pm Friday 20th December. Resumes 9am 2nd January.

EXERCISE GROUPS

Lift for Life, Ouyen, resumes 21st January.
Ouyen Men's group resumes 23rd January.
Ouyen Wednesday Women, and Community-Based resume 22nd January.
Sea Lake Strength and Balance resumes 9.30am 12th February.
Speed exercise program recommences 13th February.
Tai Chi for Beginners resumes 11am 11th February.
Tai Chi Advanced resumes February 13th February.

PLANNED ACTIVITY GROUPS (PAGs)

Culgoa Last day 18th December. Resumes 14th January.
Manangatang Last day 19th December. Resumes 10th January.
Murrayville Last day 17th December. Resumes 14th January.
Ouyen Monday Last day 19th December. Resumes 6th January.
Ouyen Men's Last day 17th December. Resumes 7th January.
Ouyen Wednesday Last day 18th December. Resumes 8th January.
Ouyen Thursday Last day 19th December. Resumes 6th January.
Speed Last day 19th December. Resumes 16th January.
Sea Lake Last day 18th December. Program resumes 16th January.
Underbool Last day 18th December. Resumes 15th January.
Woomelang Last day 18th December. Resumes 15th January.

COMMUNITY TRANSPORT

Closed from 24th December. Resumes 2nd January.

MEET AND EAT

No meetings in January.

NEIGHBOURHOOD HOUSES

Sea Lake Neighbourhood House
Closed from Thursday 19th December to Monday 27th January.
Ouyen Neighbourhood House
Closed from Wednesday 25th December. Re-opens Monday 6th January.
Murrayville Neighbourhood House
Closed from Friday 20th December to Monday 30th December.

DELIVERED MEALS

Ouyen and Murrayville No interruption to normal service.
Underbool Delivery will be Tuesday 24th December then back to normal delivery Thursday 2nd January.
Sea Lake Check with Buloke Shire Council.

Any concerns with meal cancellations over this time, please call 5092-1111 and ask to speak to the Kitchen. Please note: Health Service reception at Ouyen closed from 23rd December, re-opens 2nd January.

OCCUPATIONAL THERAPY

Closed 20th December. Re-opens 6th January.

PHYSIOTHERAPY

Closed from December 20th. Resuming services 6th January.

PODIATRY

Closed 24th December. Re-opens 15th January.

SPEECH THERAPY

Closed December 17th. Resuming services 6th January.

In an emergency, always dial 000.

EARLY YEARS SERVICES - KINDERGARTENS AND CHILD CARE

Enrolments through Early Years Administration on 5092-1077 or 5091-0292.

Murrayville Reopens Wed 29th January
Sea Lake Reopens Tues 28th January.

Mallee Minors Child Care:

Ouyen Closed from 21st December reopening on Mon Tues Wed from Mon the 6th to Wed 22nd, then back to five days per week from Tues 28th January.
Underbool Reopens Tues 28th January.

Kindergarten children commence:

Ouyen Mon 3rd February
Sea Lake Thur 30th January
Manangatang Tues 4th February
Underbool Thur 30th January
Murrayville Fri 31st January.

Contact us

Ouyen Service Centre 5092-1111 | Sea Lake Service Centre 5070-2155 |
Murrayville Service Centre 5092-1111 | Underbool Service Centre 5092-1111

Visit our website
www.mthcs.com.au
Find us on Facebook

