

# Coronavirus COVID-19

## Community Update #11

May 28, 2020

**Happy Birthday:** We have had the pleasure of celebrating some lovely birthdays in the past week. Both **Dot Curran (pictured below left)** and **Sandra Crook (below right)** celebrated birthdays, with Dot celebrating her 93rd birthday! Happy Birthday ladies, we hope you had a lovely celebration.



**Thank you:** A special thank you to MTHCS staff members for stepping up to take on extra duties during our ongoing COVID-19 response. In addition to their usual duties, they have undertaken temperature testing of people before they enter our campuses, extra cleaning, and backfilling to support their team. Their work has been critical to helping keep our communities safe.

**Pictured below is Eileen Ottery**, who is one of the many MTHCS staff members who do a great job keeping the facility at Sea Lake spotless. Cleaners are crucial to infection control.

**School COVID-19 testing blitz:** There has been a good response to the school testing blitz in our region, with testing of school employees undertaken at Murrayville, Ouyen, Sea Lake, Underbool and Tempy. The results are starting to come in and, to date, all tests have been negative. School staff have been very keen to take part and do their bit to help keep our community safe. If any school employees missed the testing day/s at their school, they can still be tested by making an appointment at their local medical centre.

**Stay at home:** If you are feeling unwell, please stay home. Community transmissions of COVID-19 are still happening in Victoria and may increase as restrictions ease. Please continue to wash your hands; practice social distancing; stay home; and don't go to work if you are unwell.

**Fluvax time is now:** Medical advice recommends everyone should get an annual influenza vaccine anytime from mid-April onward to be protected for the peak flu season, which is generally June to September. While the flu vaccination won't provide protection from COVID-19, the government is emphasising the importance of vaccination as an added measure during the current pandemic. To make an appointment for your flu shot, contact your local medical clinic.



**The coronavirus situation changes rapidly.**

**To stay up to date visit [#COVID19](https://www.dhhs.vic.gov.au/coronavirus)**



**Keeping in touch:** Some lovely young people across the region took the time to brighten the day of our Sea Lake residents, sending cards and lovely messages (**pictured right**).

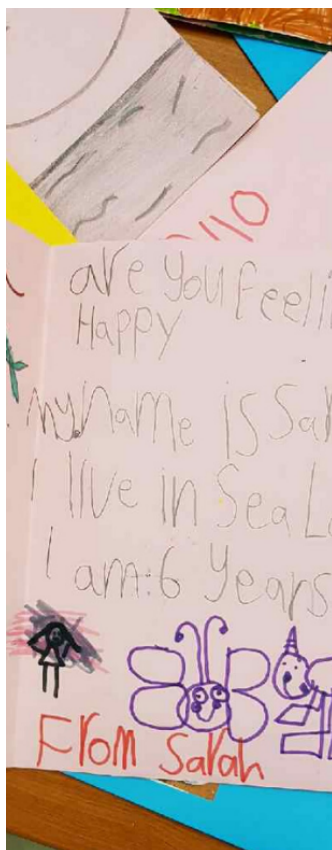
These kind actions really do brighten the facility and bring joy to the residents as well as maintaining connections between young people and the elders of our community.

**Download the COVIDsafe app:**

Have you downloaded the COVIDsafe app yet? As part of the MTHCS response to the COVID-19 pandemic, our staff members have been encouraged to download the COVIDSafe app on their mobile phones. To extend the effectiveness of this app in our community, each staff member who installs the app is asked to invite five of their friends/family to do the same. Taking this action together will help keep our community safe.

**Keep moving as the cold weather approaches:**

**Pictured right (clockwise from top) is Ouyen aged care resident Sylvia Pole and MTHCS staff member Sandra Monaghan; respite client Alan Hannig and Irene Vallance; Joe Lester, Joyce Russell, Harry Bunstun (left to right); and Dot Curran, Joe Tipping, Joyce Russell (left to right).**



Lois O'Callaghan  
Chief Executive Officer

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